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MICHIGAN MEDICAL MARIJUANA NEWS & INFO

NOVEMBER 2014 | VOL. 4 | ISSUE 9

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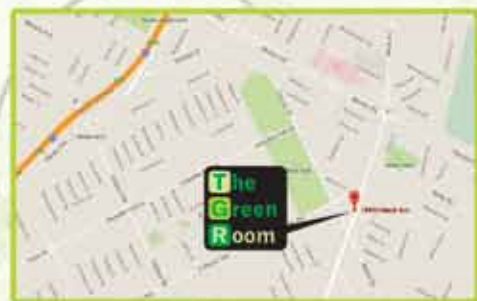
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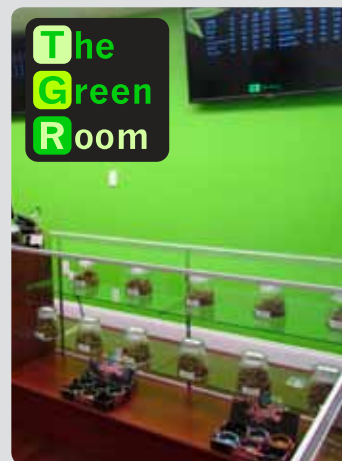
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Notes from The Editor

Chelsea Shaker

IT'S VOTING MONTH... HOORAY!

I've learned a lot of things on how Power of the People still rings true in this country, working previously for an environmental non-profit, also a medical marijuana club in Genesee County, and now working with Mr. Horner and the various goings-on with marijuana in Michigan. I am humbled by my local communities and their willingness to educate the community just because they know it's the right thing to do. It's showed me that we CAN do this...and it WILL be successful in the near future... all over the country! It's been delightful and encouraging seeing so many cities in Michigan take that initiative to the next level. It's also amazing how many people are interested, but simply couldn't sign a petition because they're not registered to vote... really???? Some people feel "Hey, my vote doesn't count anyway" but that is the excuse we just can't make any more. Luckily, the VGIP and other groups believe this too and have done their part remarkably well to educate the community in Michigan and give the voting rights back to the people!

Whether you're a left winger or right winger or somewhere in the middle, it doesn't even matter. I'll be the first to say it, I am definitely NOT a democrat and I am definitely NOT a fan of things many Republicans do. Do we all have to fit ourselves in the box of Left or Right? How ridiculous- our very principles boil down to the color of a lawmaker's tie. Either way, my genera-

tion and those younger than me sure do have a helluva mess to clean up. I'd like to hope that we can realize it's really about what principles they bring to the table.

Michigan will be glued to the TV this election year, no doubt about that. Let us have high hopes that whoever is nominated will really bring home a WIN for the state with listening to the people, and those elected to support the people. Let us, MICHIGAN VOTERS AND TAX PAYERS make an effort to HARP ON EVERYONE WE KNOW WHO DID NOT VOTE. Don't harp on those who voted on an opponent in your opinion- be glad they voted at all!!! That's their democratic right. NO ONE wins if no one votes.

If you're sick and tired of your opinions not heard in Lansing, the first step, and most influential to your own way of life, will be to MAKE SURE TO VOTE AND REALLY KNOW WHO YOU'RE VOTING FOR—FOR HOUSE OF REPRESENTATIVES AND THE SENATE... LOCAL COUNCILMEN, JUDGES, YOU NAME IT. What's their agenda? Why do they really want to serve as a leader?

I've learned a lot the past couple of years, meeting various lawmakers and seeing how the inner circle works, and I've concluded that sometimes it just comes down to: These guys have it made. They make the final call in just about everything, sometimes regardless what opinions are expressed to them and many various factors. Many of them have such a cushy job it is ridiculous. Many of them make their

plays by the money handed over to them for support. Then again, many of them are actually there for the right reasons. They're normal people who do have your interest in mind. Some of them haven't forgotten why they're in Lansing. If we can keep them honest and bring more honest people to the table, then an actual discussion can be achieved, with an actual positive outcome. Make an informed decision at the polling box. It's not going to be a 2-4 year fix; it'll take many more years for Michigan – and the rest of the country- to REFORM correctly in many aspects of reform that's needed... Pay attention. Don't be afraid to root for the underdog. Become involved in any way that you can! Helping finance these efforts is helpful, there's almost no getting around that. Make sure you're donating your time or money to groups that are using your support correctly, honestly, and above all... directing that support the right way! Power of the People means the ball is in your court, if you'll have it. Use it.

On a lighter note, after the dust settles and the month goes on, after we have complained on who was elected, or rejoice in a triumph, rest assured that there will be plenty of time to educate, inform, and work with these lawmakers for the next 2 years. As the month comes to a close, enjoy a delicious Thanksgiving dinner with family and friends and rejoice in the sanctity that is the right to have a say in this country of free men.



**"Always vote for principle though you may vote alone,
and you may treasure the sweetest reflection
that your vote is never lost"**

-John Adams

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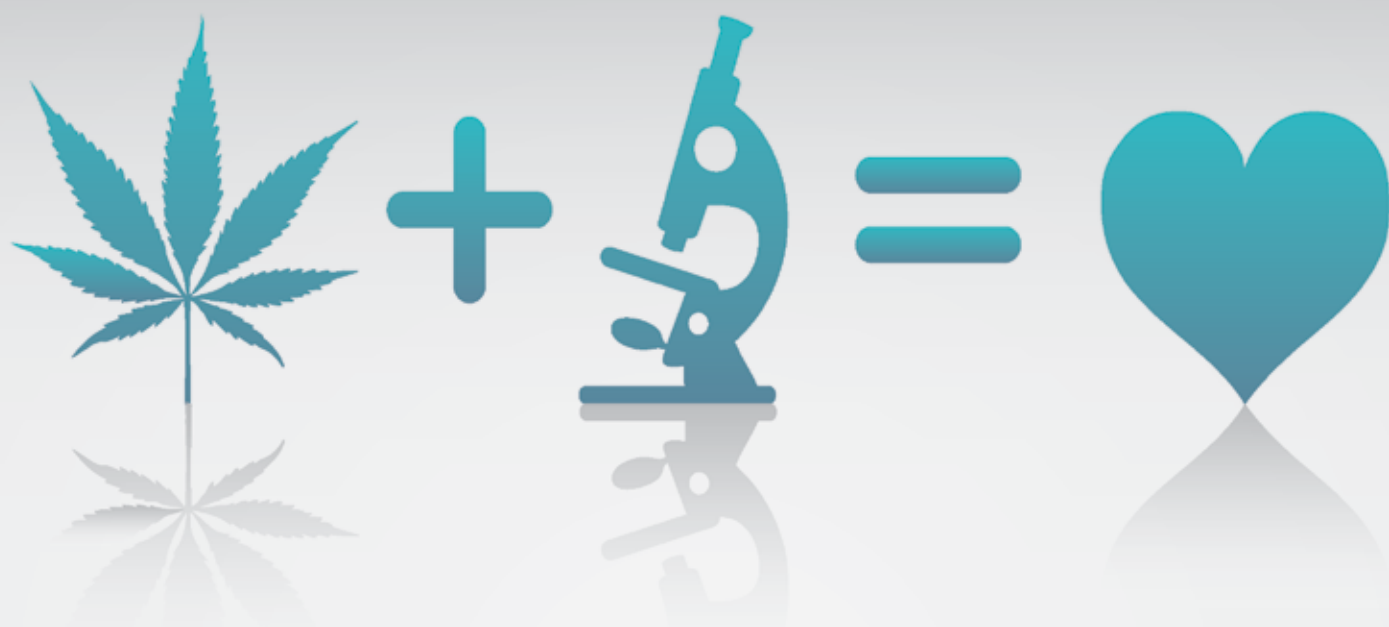
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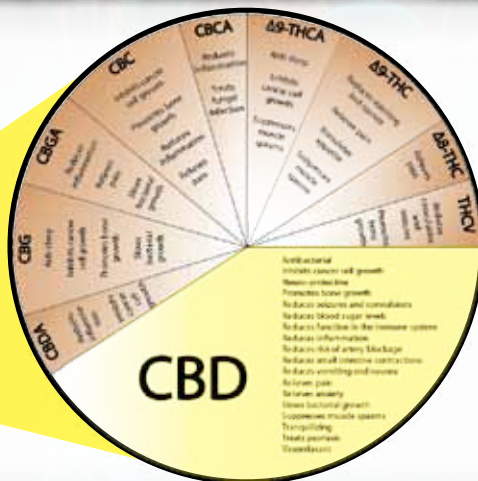


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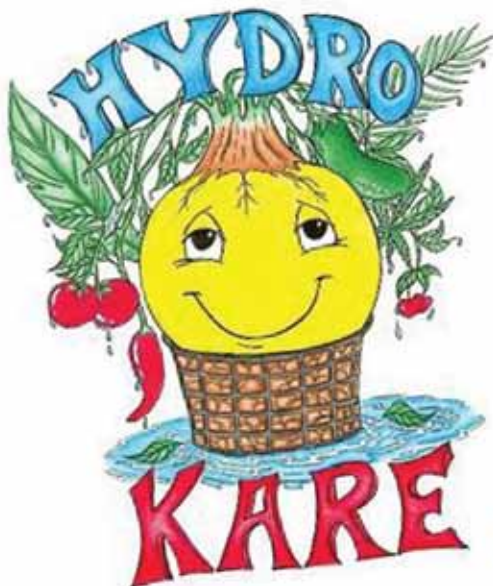
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Michigan News

by MMM Report Staff



LANSING: Patients Keep Unemployment Benefits

This October the Michigan Court of Appeals denied LARA's (the department of Licensing and Regulatory Affairs) appeal to deny legally licensed medical marijuana patients from Unemployment benefits. The judges overturned a decision by the Michigan Compensation Appellate Commission to deny three workers with medical marijuana cards their benefits. Although the employers are within their rights to terminate employment for failed

drug tests, the state must protect patients rights under the Michigan Medical Marijuana Act. None of the three employees were accused of medicating on the job.



LANSING: Governor Signs Drugged Driving Bill Into Law

Current governor of Michigan, Rick Snyder, signed HB 5385 into law last month. Originally, the bill

was referred to as the "Saliva Testing Bill." The bill was amended to remove roadside saliva testing in a large part due to a combined effort to the testimony of the medical marijuana community at the bill's hearings earlier this year. Now law enforcement must use field sobriety tests for drugged driving. Although the Michigan State Police insist that they are more concerned with drivers that are under the influence of strong prescription medications, many marijuana users are concerned about trace amounts of marijuana in ones system being used as zero tolerance policy. If an officer suspects a driver of being under the influence of any substances, after a field test, they can bring the driver in for a blood test. How that will play out for medical marijuana patients is uncertain, as no immunity or per se limits for legal mmj users was included in the final draft of the bill.



GRAND RAPIDS:

A physician from Grand Rapids is in the hot seat for allegedly issuing medical marijuana program certifications without a medical evaluation. Dr. Gregory Kuldaneck signed off on several certifications at restaurants and commonplace settings and it has been alleged that a certification was signed without the patient being present.

These allegations are in a plea agreement Kuldaneck signed that calls

for a guilty plea of conspiracy to manufacture fewer than 50 marijuana plants. Kuldaneck is one of 10 that were arrested for allegedly operating a grow facility in homes and apartments in Kent County. He has agreed to surrender his property and faces up to five years in prison, \$250,000 in fines, and two years to LIFE on supervised release.

"In many cases, he did not have a bona fide physician/patient relationship, did not conduct a full assessment of their medical records and did not anticipate follow-up care, but he did believe that they suffered from a debilitating medical condition that was obvious to him"

-Assistant U.S. Attorney Mark Courtade

Dr. Kuldaneck is an internist through East Paris Internal Medicine in Grand Rapids. It has also been alleged that Kuldaneck has an agreement with a local caregiver, Betty Jenkins, who is also facing charges. It is alleged that Jenkins 'recruited' patients she deemed worthy of the program over to Kuldaneck for a certification, wherein she began to cultivate 12 plants per patient and then sell the medical marijuana.

Jenkins, being under investigation by state and federal law, as well as another defendant Phillip Walsh, persuaded Kuldaneck to seek Caregiver status for his life partner, as well as rent property to allow them to cultivate more plants.


"Dr. Kuldaneck acknowledges that his willingness to certify patients was integral to the scheme and artifice used by Jenkins, Walsh, and the other conspirators to manufacture marijuana and distribute it in violation of Michigan and federal law," Courtade wrote.

At least 66 patients and caregivers have been associated with this alleged scheme by issuing a grand jury subpoena to the Michigan LARA. Search warrants were issued to a home, two 4-unit apartments, Kuldaneck's property, and another location as well. Over 467 plants and over 18 pounds of marijuana were seized.

National News

by MMM Report Staff

ALASKA:



Alaskans will be voting on whether or not to Regulate Marijuana like Alcohol in the November election. Recreational, or adult use of marijuana for those older than 21, has made steady progress in the Last Frontier state as of late. With the Campaign to Regulate Marijuana like Alcohol raising over \$800,000 in mid-October, they are earning financial support and spending more than a dozen times more on campaign efforts than their foe, "Big Marijuana. Big Mistake. Vote NO on 2", who has put just under \$70,000 towards their efforts.

Support from the masses seems to be in favor of recreational marijuana, with polls finding 57% are in support, while around 39% are in opposition.


Public records on campaign disclosures are available online for public view and have received donations from supporters all across the country.

This past mid-October, over 125 people attended the Alaska Cannabis Institute where a seminar was taught on how to properly operate a marijuana business. Protesters gathered outside the event, while supporters put forth great effort to help educate both sides of the aisles on marijuana and business. The seminar included information on cultivation, current federal laws, and possible regulations if Measure 2 is passed. Vendors at the event were all Alaska citizens, and held an expo for buyers on everything from lighting to glassware.

Vote Yes on Measure 2!

MARYLAND

DECRIMINALIZES MARIJUANA:



10 grams or less in your possession is now LEGAL in the state of Maryland.

With other cities and states decriminalizing larger amounts of marijuana on persons aged 21 and older (generally one ounce or less), Maryland is still making strong moves to decriminalize possession and remove penalties which would previously leave those convicted with a criminal record.

Effective October 8, 2014, 10 grams or less will be lawful, but paraphernalia laws will remain unchanged at this time.

"While it's a civil offense to have marijuana, it's a criminal offense to put it in a pipe. We need to make a move afoot to make these laws more sensible,"

—Baltimore County State's Attorney Scott Shellenberger.


Support for the decriminalization is coming from both sides of the fence, but state prosecutors had been urging the Governor to veto the law for law enforcement concerns.

"...we are criminalizing something that should be a health issue" —Senator (D) Bobby Zirkin

Those found with 10 grams or less will still see a civil infraction of up to \$500 and/or up to 90 days in jail, similar to getting a speeding ticket or other civil ticket.

In a sense.. it's legal, but illegal at the same time. If you are found with marijuana in your possession, it will still be confiscated since it's technically not LEGAL, just decriminalized.

OREGON: BALLOT MEASURE 91



The State of Oregon will soon be voting yes or no to the Ballot Measure 91, which calls for adult use of marijuana for those aged 21+. The bill calls for the OLCC (Oregon Liquor Control Commission) to regulate marijuana throughout the state, while also handling licensing, regulations, audits, and inspections of cultivation and distribution facilities. There will be no importing or exporting out of state any marijuana related items, and it also bans public use of marijuana, as well as regulating the amount of marijuana purchased. Measure 91 still follows current protocols for DUI's and driving while impaired, the drug-free

workplace, and landlords to not allow marijuana or cultivation on their property. Measure 91, if passed, will not be in effect until January 4, 2016, wherein the OLCC will begin issuing licenses for adults to possess, cultivate, and sell marijuana.

In the Act, it states that Marijuana Law supersedes and repeals inconsistent charters and ordinances against marijuana establishments; however, the Act also allows for a petition and election for a LOCAL OPTION for cities and governing bodies of counties to dispute whether local marijuana establishments are a nuisance to the community. The city must then collect signatures of no less than 10% of local voters.

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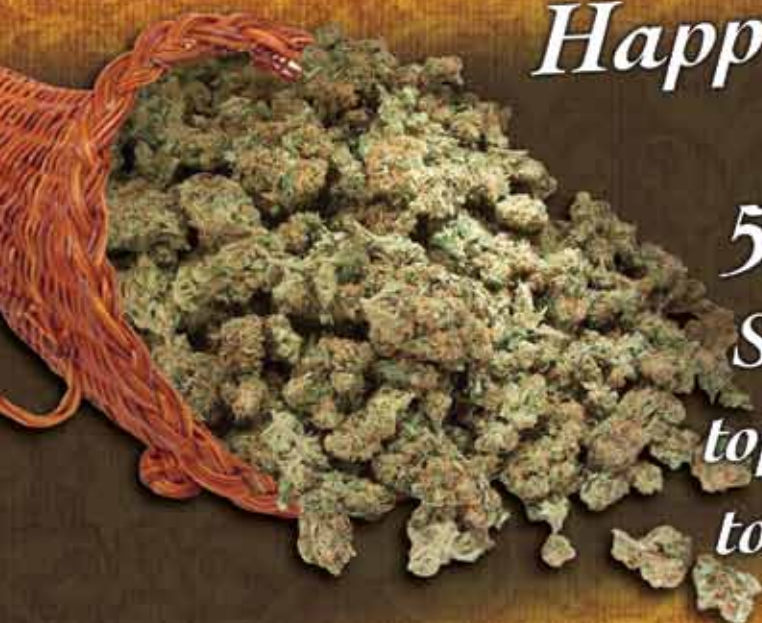


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by Ben Horner

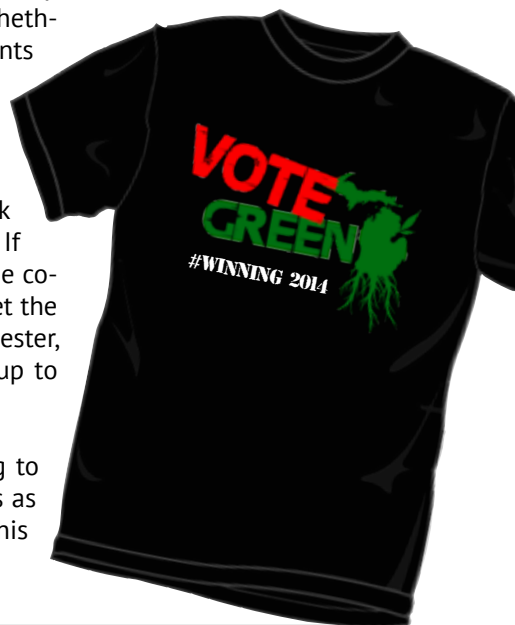
Death by a Thousand Cuts part 3

Local Elections

Voters in Saginaw, Frankfort, Pleasant Ridge, Harrison, Clare, Mt. Pleasant, Berkley, Huntington woods, Port Huron, Lapeer, and Onaway will decide November 4th whether to amend their local laws to remove penalties for possession of small amounts of marijuana. So far this year two cities in Oakland County have already passed their petitions in the August primary thanks to Andrew Cissel and Deborah young. So far we have never lost an election on this issue.

Local leaders for around the state have worked under the leadership of Chuck Ream and Tim Beck, the God Fathers of marijuana reform law here in Michigan. If you are interested in reforming laws in your local communities the leaders of the coalition for a Safer Michigan and the Vote Green Initiative Project can help you get the ball rolling. Great new leaders like, Cary Neuville-Justice, David Chesney, Brad Forester, Bernie Joncuns, Laura Rigby, Brandon McQueen and many others have joined up to make this year possible, you could be next.

There are already 7 cities scheduled for next year. Hopefully by continuing to demonstrate peoples desire to amend local marijuana laws will clue lawmakers as to how the people they represent really feel on the subject and just legalize this herb. If you haven't voted yet, remember to Vote Green!



Status on the Bills

The Provisioning Center Bill (HB 4271) and the Concentrate and Medibles Bill (HB 5104) are now officially in Lane Duck session. There are three voting days in November and nine in December. Now is the time to let your Michigan Senator and House Rep know how you feel about the bills, because if they don't pass this year the process starts all over again next year, and it looks like the Canadians are gearing up to take over cultivation rights here in Michigan Like they did in Canada. Below is the Michigan Senate schedule:

| November Session | | | | | | | | | | | | | |
|------------------|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| | | | | | | | | | | | | | |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 | | | | | | | |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | | | | | | | | | | | |

| December Session | | | | | | | | | | | | | |
|------------------|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| | | | | | | | | | | | | | |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | | | | | | |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | | | | | | | | | | | |

Sessions begin at
10:00am

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A Column by
John Sinclair



Highest greetings from New Haven, Connecticut, where I'm visiting my sister Kathy in the middle of a 3-week trip to the East Coast before ending up with a week in New York City and a train ride back to Detroit in time for the 50th anniversary celebration of the founding of the Detroit Artists Workshop on November 1, 1964.

Just after I filed my last column I flew out to Portland, Oregon to perform at the Hempstalk Festival along with my man John Trudell and his band Bad Dog. They've been doing this for 20 years and just this year received the City's approval to hold the event in a popular downtown riverside park but had to agree to ban smoking the herb from the premises for the duration of the weekend, and to hire security guards to enforce the rules and search people's bags.

Consequently the attendance this year was literally decimated, with only 8,000 people at the park as compared with the

80,000 who attended last year's Hempstalk at a rural location. Everyone there had a great time, and smokers gathered near the river outside the dimensions of the park to get high and ridicule the guardians of the social order.

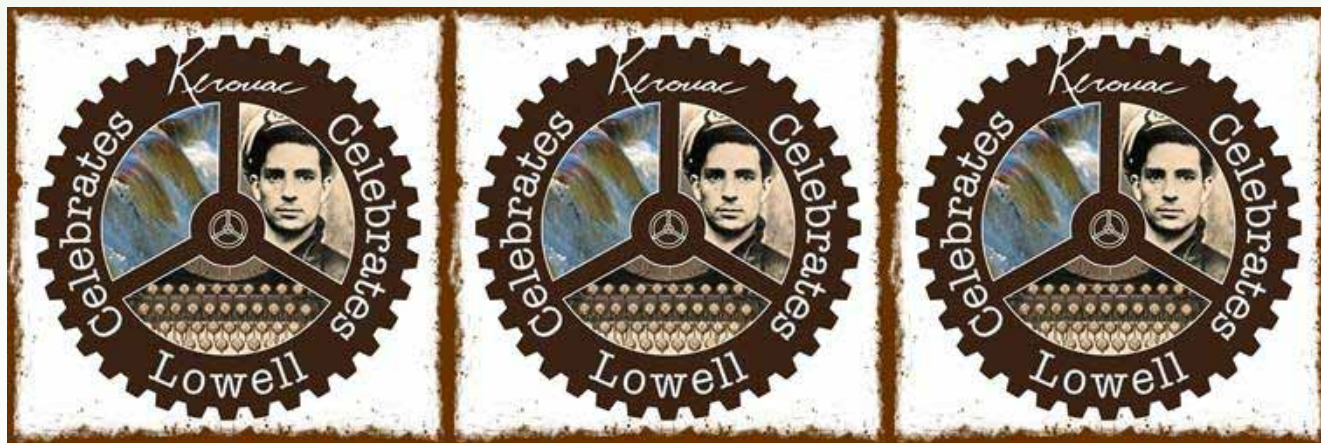
The craziest thing is that Oregon will be voting for legalization of weed in November and the initiative is well expected to pass, so next year's Hempstalk is highly likely to enjoy legal smoking by the discerning public in attendance.

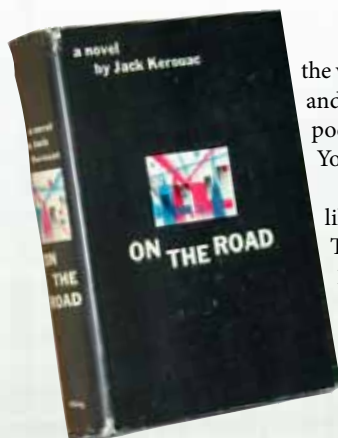
After Hempstalk I flew back to Detroit for a few days and then started a little East Coast trip at the Maine Harvest Ball on Harry's Hill Farm outside of Starks, Maine, where it rained all day when I was there but the attendants weren't really fazed at all and carried on inside and outside their snug little tents. I had the pleasure of performing with a pair of splendid saxophonists from Portland ME called the Hardy Brothers and

a veteran rhythm section, and we had a ball. Harry's assembled a great group of people to run the shows at his farm and they've been doing this for a long time.

Maine has legal medical marijuana and has legalized weed in Portland, with a couple more cities soon to follow. I couldn't be served at the dispensaries with my Michigan patient's card but I found some excellent locally-grown smoke in Portland and just below the Maine border in Portsmouth, New Hampshire, where I played for my dear friend Bruce Pingree at the Press Room one night.

My next stop was Lowell, Massachusetts for the annual Lowell Celebrates Kerouac festival, one of my favorite gatherings of all. I try to go to Lowell every fall to honor my literary hero, Jack Kerouac, along with the people of the town where he grew up and also lived later in life. This year I had the honor of performing with David Amram,





the venerable pianist, composer, French horn and pennywhistle player who started doing poetry & jazz with Jack Kerouac in New York City in 1957.

I got my whole idea of what life could be like when I read Kerouac's masterpiece *On The Road* when it was issued in September 1957, just weeks before my 16th birthday. The life of poetry, jazz, marijuana and adventure chronicled in Kerouac's works was just what I wanted for myself, and I embraced it at an early age.

Lowell Celebrates Kerouac is particularly attractive to me because of the way his home town recognizes Jack Kerouac's genius every October and also year-round with a memorial park on the banks of the river downtown that features a series of granite pillars with the author's words from various

of his works carved into them.

Despite the fact that he was reviled by the squares of America as "King of the Beatniks," Lowell honors its native son by exalting his works in poetry and prose and making sure that the great bard is remembered in the city he immortalized in books like *The Town and The City*, *Doctor Sax*, *Maggie Cassidy* and others.

I always say that if you went to my home town of Davison, Michigan, they probably wouldn't admit that I'd ever lived there. Neither has the city of my birth, Flint, Michigan, gone anywhere out of its way to acknowledge that I got my start as a poet and writer there when I attended Flint Junior College and the Flint College of the University of Michigan.

But as they say, that's neither here nor there. I'm not in this racket for the rewards or the adulation. I learned about the love of writing and creative activity by reading the works of Jack Kerouac and his peers when I was a very young man, and I've followed the path laid out in their works for all the years since.

While preparing for the 50th anniversary celebration of the birth of the Detroit Artists Workshop which will be held at the Scarab Club and MOCAD—the Museum of Contemporary Art Detroit—between November 1-9, I came across the Supreme Court ruling in my landmark marijuana case, and I was shicked to read in the opinion of Justice Swainson that my troubles with the law in this case had started when they decided to infiltrate the Detroit Artists Workshop.

Justice Swainson writes:

"Defendant John Sinclair was arrested on January 24, 1967, and charged with the unlawful sale and unlawful possession of two marijuana cigarettes."

"The Detroit Police Department Narcotics Bureau had instructed Patrolman Vahan Kapagian and Policewoman Jane Mumford Lovelace to assist in an investigation of illegal activities involving narcotic violations in an area surrounding Wayne State University and, in particular, an establishment known as the Artists' Workshop which was located at 4863 John Lodge, in the City of Detroit. Defendant Sinclair made his residence above the Artists' Workshop, at 4867 John Lodge."

"The officers assisted in doing typing and other odd chores at the Artists' Workshop, including sweeping floors and collating literature. They sat in at communal dinners and provided the food for one of these dinners. They joined a group called LEMAR, which advocated that marijuana be legalized. They listened to poetry and helped in the preparation of certain literature. "

"Officer Kapagian testified that on December 22nd, at about 7 p.m., defendant asked them to accompany him upstairs to his residence. Defendant rolled a [marijuana] cigarette, which he gave to Kapagian. Kapagian handed this cigarette to Lovelace. Defendant then rolled a second cigarette, lit it, and handed it to Kapagian. The officer said he did not want to smoke it then because he had to drive and the cigarette would make him dizzy. "

"Kapagian gave the cigarette to Lovelace after defendant Sinclair had butted it. At that time they said they had to leave, and departed. Sinclair was not arrested for committing a felony in the officers' presence because, as Kapagian stated, he did not want to tip his hand since numerous arrests were to be made as the result of this investigation."

This is the way they did it way back at the beginning of the War On Drugs, and it's wonderful to contemplate that their day will soon be over—50 years later! Free The Weed, once and for all!

—New Haven CT
October 16, 2014

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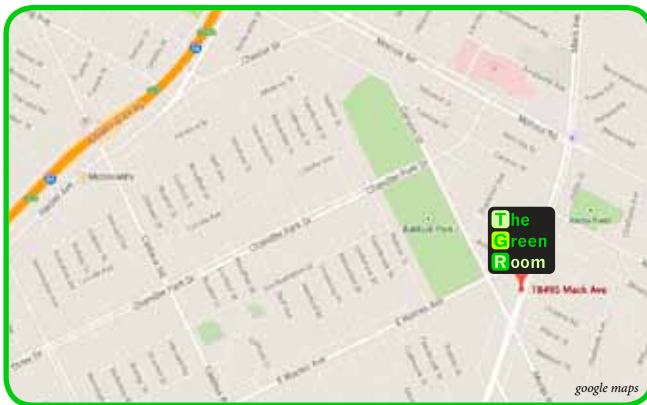


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MMM Report Spotlight:

Opening of The Green Room in Detroit

by Ben Horner



The Green Room

Choices for medical marijuana patients are ever-expanding in Detroit and surrounding areas. My favorite new place in Detroit is The Green Room. The proprietors bring top quality to a safe location on Mack Avenue, right next to Gross Pointe.



***First time today. Will be back.
Good staff. Close to home, location
good. Nice freebies for first timers!***

-Smokey76, Weedmaps

Having grown up in that area, I was excited to check the place out. Ultra-knowledgeable staff opened The Green Room up to the MMM Report and allowed us to take a sneak peak at the new scene on the East Side of Detroit, which is setting a new standard of excellence.

For owner Dan Van Lacken, medical marijuana is a serious issue that will forever be close to his heart. Dan explained to us how he had lost his wife, Annette Van Lacken to cancer:

"Medical marijuana gave her a better quality of life," explained Van Lacken. "She used hash oil capsules and it really helped reduce her pain and anxiety, but the cancer had already spread throughout her body."

Dan's face told the all-too-familiar story. He hopes to help people and explained that marijuana helps so many people. "I feel better about medical marijuana than alcohol and most other substances."



Being on Mack Avenue is a perfect location- close to Gross Pointe, in an exceptionally decent area the location makes patients feel comfortable. A warm, smiling security officer welcomes patients as they enter The Green Room. Once inside, patients are cared for by an impressive staff, which has impressive experience in the industry. Some of the management have multiple years of work-study in California, working with West Coast Cannabis Wizards. You can really see and smell the quality of the meds on the shelf. Management explains that the key is to know the best growers.

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When growing hydroponically, the length of time flushing should last at least two weeks prior to harvesting. When using a proprietary nutrient line like General Hydroponics or Fox Farm, it is advisable to buy the same brand of flush as the line that you are currently using. These line specific flushes are engineered to work best for what you are using to feed your plant. Many hydro growers use organic teas in their water reservoir. These folks need only flush for a week prior to harvest with straight water and just a small amount of H2O2. Coco growers should be flushed in the same manner.

Flushing soil depends greatly on what sort of soil mixture the plants are growing in. Soilless dominant blends like pro mix can use the same proprietary flushes and should be flushed 1-3 weeks prior to harvest. The longer you veg your plant can make a difference too. Plants that are older, 120 days old or more require longer flush time, closer to three weeks of flush. The more actual soil in the potting mix, the denser the soil should be. Dense soil should avoid chemical nutrient altogether, and stick with all organic nutrients and should only be flushed with straight water.

Many advanced growers add sweeteners to their flush. This can add to the flavor and potency of your buds, but caution should be taken to not use the sweeteners or molasses just prior to harvesting. This can cause black ash when smoking the final product.



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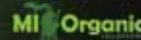
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"Drug use is lower where
drugs are not sensational-
ized in the media" page 45

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November 2014

BLAME THE MEDIA!

***IF THE TRUTH HAD EVER BEEN TOLD - IF THE PRESS AND
THE MEDIA HAD DONE THEIR JOB, THE WAR ON DRUGS AND
CANNABIS PROHIBITION COULDN'T HAVE HAPPENED.***

by Chuck Ream

Reason magazine (Sept 27, 2014) explains that: "The war on drugs would have been impossible for the government to wage for the last 40 plus years without support from the media. The drug war is horrific. Earlier this month, a DEA agent shot a grandmother reaching for her child during a raid that found no drugs. In the summer, a SWAT team in Georgia threw a flash bang into a baby's crib, critically injuring it. There are more than 150 such raids each day in America, so there are a lot of horrifying stories" – but they rarely make the national news.

Actually, it has been a century since the US media began using "drug" hysteria to make money - as a vector for racism and a way to exploit the suffering of addicted Americans.

Media technology changes, but the "state of the art" is still sensationalism and ignorance.

American media "choreographed" the support necessary to outlaw cannabis in 1937. The media, in turn, were puppets of government propagandists. The average American (and congressman) knew nearly nothing

about "marijuana". The press printed stories about the "new" drug "marijuana" (from Harry Anslinger's Federal Bureau of Narcotics (FBN) "gore files") without ever checking them for accuracy. William Randolph Hearst, who had a massive financial interest in hemp prohibition, led the charge. The media never explained that the dreaded "marijuana" was from the same plant as granny's trusted "tincture of cannabis" medicine. Papers never mentioned that the United

States Army had repeatedly reported from the Panama Canal Zone that marijuana wasn't a problem for discipline or morale.

When the House of Representatives was ready to pass the Marijuana Tax Act of 1937, the American Medical Association was upset. They sent a brilliant doctor/attorney named Woodward to fight the legislation, and he demolished all the lies being told to congress.

(Continued, page 45)



He had actually called school officials, who knew nothing about teens using pot. He had phoned prison officials, who knew nothing about “marijuana” causing crime. Newspapers never reported Woodward’s testimony, and never looked for information on their own.

How could the truth be known?

During the crucial 1935 to 1939 period, Harry Anslinger’s FBN successfully planted numerous articles in the most popular American magazines, who compliantly agreed to run his fabricated horror stories. Treasury Department lawyer Clinton Hester could then honestly say that “The leading newspapers in the United States have recognized the seriousness of this problem and many of them have advocated federal legislation ... in a recent editorial the Washington Post stated ‘The marijuana cigarette is one of the most insidious of all forms of dope, largely because of the failure of the public to understand its fatal qualities’”.

The New York Times once called marijuana a “narcotic [having] practically the same effect as morphine and cocaine”.

“Reefer Madness” was thoroughly demolished in the United States by two hugely authoritative commissions and their reports. Both the LaGuardia Report of the 1940’s and the ‘Shafer Commission of 1972’ said that the pot problem was “exaggerated” and cannabis should be legal. The federal government tried viciously to discredit these reports, and they got no media publicity.

When 500 world leaders, including former heads of state, signed a statement calling for a re-evaluation of the Drug War, the Wall Street Journal said “the debate would profit if all these people stated publicly whether they themselves use any of these drugs recreationally”.

What a surreal way to marginalize this major effort toward drug sanity.

The Consumers Union said that the sensationalism about drugs is free advertising. They comment:

“It is hard to say whether romantic glorification of such [drug] scenes or moralistic warnings against their perils contribute more to attracting rebellious young people to them.”

Drug use is lower where drugs are not sensationalized in the media (like the Netherlands).

“Crack babies” were a media masterpiece of fear. These actually were “poverty and neglect babies”, but any expert who tried to explain that was ignored. The hysteria about a great wave of permanently damaged babies “sold a lot of papers”, but was all made up.

“Jimmy’s World” was the heart wrenching story of an eight year old black child who was a heroin addict, on the front page of the 9/28/71 Washington Post. It told how the needle slid into the “baby smooth skin of his thin brown arms”. It caused a huge hubbub, and won a Pulitzer Prize. It was totally fiction. The prize was returned, but it sure sold papers.

Nixon assumed he could control the media when he declared the War on Drugs on June 17, 1971. He exhorted the press to follow the government line. He claimed that “Drug traffic is public enemy number one domestically in the United States today and we must wage a total offensive, worldwide, nationwide, government wide, and if I may say so, media wide”.

Clinton’s “Drug Czar” concocted a program to enable the government to control the plots of network TV shows. Maybe 100 programs, from “ER” to “Home Improvement” to “Beverly Hills 90210” had plots suggested by and scripts reviewed by the “Drug Czar’s office. Networks that co-operated made millions, they were allowed to run fewer anti-drug public service ads and sell that time for full price.

In the face of such constant media perfidy, it may be naïve to request that our American media begin to function in the public interest. It should analyze, be critical, bring perspective, and explore solutions relating to the drug issue – rather than endlessly exploiting tragedy to earn dollars.

Sources:

Grinspoon, Conrad, Robinson, Baum, Bonnie & Whitebread, Gray.

Grinspoon p. 325 for a complete list

2 Conrad p. 50

3 Robinson p. 168



DOMINATOR



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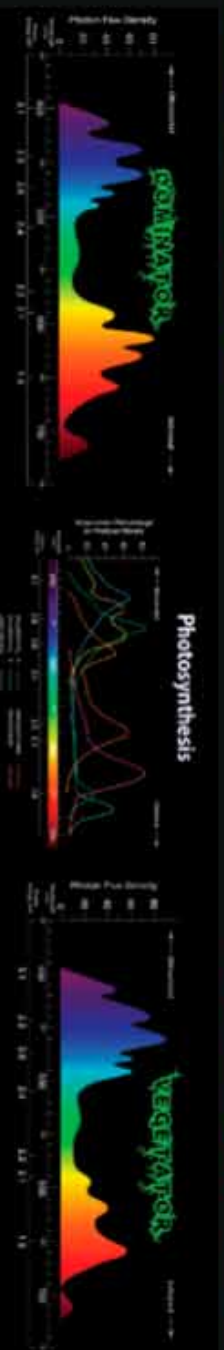
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Jokes



What Is Politics?

A little boy goes to his dad and asks, "What is politics?"

Dad says, "Well son, let me try to explain it this way: I'm the breadwinner of the family, so let's call me capitalism. Your Mom, she's the administrator of the money, so we'll call her the Government. We're here to take care of your needs, so we'll call you the people. The nanny, we'll consider her the Working Class. And your baby brother, we'll call him the Future. Now, think about that and see if that makes sense,"

So the little boy goes off to bed thinking about what dad had said.

Later that night, he hears his baby brother crying, so he gets up to check on him. He finds that the baby has severely soiled his diaper. So the little boy goes to his parents' room and finds his mother sound asleep. Not wanting to wake her, he goes to the nanny's room. Finding the door locked, he peeks in the keyhole and sees his father in bed with the nanny. He gives up and goes back to bed. The next morning, the little boy says to his father, "Dad, I think I understand the concept of politics now."

The father says, "Good son, tell me in your own words what you think politics is all about."

The little boy replies, "Well, while Capitalism is screwing the Working Class, the Government is sound asleep, the People are being ignored and the Future is in deep poo."

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The disease is contracted through high-risk behavior, and is called
Gonorrhea-Lectim.
BEWARE!

Look out, they're coming!

by Citizen Jay

Things don't always go exactly as planned, eh? That's one way to see it. But I suppose that all depends on from whose side you're looking at it. Expectations were turned up. The scene was set. And then? Nada...

The Gypsy Jane Jubilee came to town at the end of this summer. It was billed as the largest event of the year—claiming to even surpass the attendance at the High Times 420 Cup. Both events were held at the same venue, so that comparison should've been easy to make. The Denver Merchandise Mart resides just over the Adams County Line in unincorporated territory. It's the only space of its kind in the Denver Metro area that could accommodate the expected crowds; and because it's outside of Denver the City Council had no authority to mess with the event nor shut it down.

The High Times 420 Cup held back in April was a huge success. I'd say it was the best one held in Denver to date. A tough act to follow for sure. One way the folks from Gypsy Jane tried to ensure their success was to book the Denver Merchandise Mart for their event right at the end of the 420 Cup. But these out-of-towners added a twist: they booked the venue for both a month in advance and a month after their scheduled event. Meaning, no one else could use the venue during those times. A shrewd move to be sure. But that business decision meant no other cannabis events could be held there this summer—including the coveted Mountain Secret Cup, which had to scramble at the last minute to find a venue outside of Denver when the City decided to drop the hammer on the event the night before it was to begin. The Colorado community rallied behind the Secret Cup folks and moved the event to Colorado Springs in less than 12 hours. It was a huge success and proved to shore up the relationships between the Denver and Colorado Springs cannabis communities.



The Jubilee was sold as an incredible music and cannabis event to be headlined by none other than Snoop Dog himself. His association with the event added immense street cred, though the show itself was short and poorly attended. Snoop appeared for about half-an-hour at midnight on Saturday. The audience had approximately 1,500 people in it. Everybody loved the show, but most wished it lasted a bit longer. Got to hand it to the Gypsy Jane folks for this one: getting to see Snoop Dog et al. outside while freely enjoying cannabis in a crowd of only about 1,500 people...priceless.

While the main attraction didn't come on till midnight, the festival itself was supposed to be the biggest cannabis event Colorado had ever seen. Only it wasn't. While the promoters told vendors of the tens-of-thousands of tickets to be sold, the reality just didn't match the hype. On the first day of the festival, the organizers had a rough go at setting things up. The event didn't open on time and by the time it did open on Friday almost no one showed up to enjoy the sights and sounds. Estimates put attendance at approximately 3-500 people that day.

Saturday didn't prove much better. There didn't ever seem to be more than just a few people milling around at any given time. The promised crowds just didn't materialize. The Jubilee also touted a "carnival and freak show," but these didn't quite pan out either. The "carnival" consisted of a few inflatable bouncy rides and houses—completely amateur. The show contained a magician and a woman who could bend a steel bar with nothing but the use of her entire body. There were a few loose rope walkers too. They were entertaining to be sure; but I was not impressed, especially considering a ticket for the event cost about \$100.



There were a good amount of vendors, including a few locals that I expect to see at all such gatherings. But there were several noticeable absences from the mix. Most notably, the local glass blowing talent just wasn't there. In fact, none of the large mainstream glass manufacturers showed for the event. I did see Sasquatch Glass from Washington there. I hope the event was worth the trip for them.

One of my personal friends bought a booth for the event kind of at the last minute, believing the sponsor who told him the event would be attended by a huge mix of folks. It was his last dime, so to speak, and he was counting on the turn out. When it didn't materialize my friend was left with nothing but tears. I didn't attend the third day, but I understand it was no different than the previous two.

I'm writing this piece as a warning to my friends in other states who might be anticipating the arrival of the Gypsy Jane Jubilee. Take heed: the people who came to town made lots of promises they never followed up on. They swayed a lot of people to give them products, money, and time but didn't fulfill their end of the bargain as presented. In their wake they left a lot of angry people.

It all comes down to this: COMMUNITY. It's a catch phrase I use all the time. The people who came to town to put on a show did not do a good job of engaging the local community. In fact, they alienated much of the community with their actions months before the event was even scheduled. And in the end the community just didn't show up for them. They may be coming to a town near you. Pay attention.



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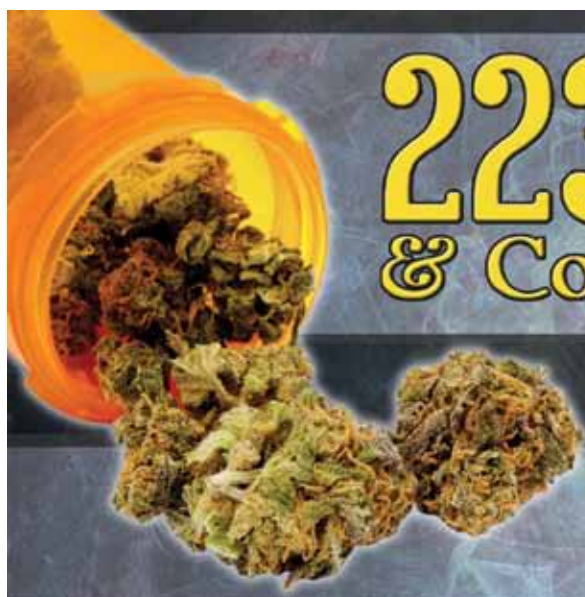
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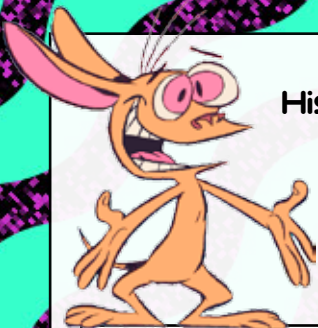


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a Brief
History of

Cannabis

The Early 90's



1990: SCIENTISTS DISCOVER CANNABINOID RECEPTORS

Miles Herkenham, Senior Investigator at the National Institute of Mental Health and his research team discover the cannabinoid receptor system in 1990. The discovery helps scientists understand the pharmacological effects of cannabinoids, which occur when the THC in marijuana binds with the cannabinoid receptors in the brain.

Jon Gettman, PhD "The 1995 Marijuana Rescheduling Petition," *DrugScience.org* (accessed July 17, 2010)

1991: COURT RULING HIGHLIGHTS APPLICATION OF MEDICAL NECESSITY DEFENSE



In *Jenks v. State of Florida* (1991), the Florida First District Court of Appeals rules on the application of a medical necessity defense in response to criminal prosecution. In the case of medical marijuana, the patient must be suffering from a medically recognized disease or illness, which is causing a symptom for which there is no effective treatment other than marijuana.

Rosalie Liccardo Pacula, PhD "State Medical Marijuana Laws: Understanding the Laws and Their Limitations," *Journal of Public Health Policy*, 2002



June 1991: FEDERAL GOVERNMENT SUSPENDS I.N.D. COMPASSIONATE USE MEDICAL MARIJUANA PROGRAM

"A federal program that has provided free marijuana to the seriously ill is being phased out by Health and Human Services officials who have concluded it undercuts official Bush administration policy against the use of illegal drugs, according to HHS officials.

While a small number of patients already receiving marijuana will continue to do so, new applicants will be encouraged to try synthetic forms of delta-9-THC, the psychoactive ingredient in marijuana, rather than the weed itself, according to a new policy directive signed by James O. Mason, chief of the Public Health Service...

'If it's perceived that the Public Health Service is going around giving marijuana to folks, there would be a perception that this stuff can't be so bad,' said Mason. 'It gives a bad signal.'...

While only six people had received marijuana under the program, the FDA has received 28 applications in the past year, and was concerned that it would be swamped with hundreds more in coming months, officials said."

Michael Isikoff, MA "HHS to Phase Out Marijuana Program," *Washington Post*, June 22, 1991

"The Compassionate IND Program for medical marijuana was suspended [in June 1991] after the number of applications surge in response to the AIDS epidemic."

American Medical Association (AMA)
"Report 10 of the Council on Scientific Affairs," 1997



July 1991: ONCOLOGISTS SAY CANNABIS SHOULD BE AVAILABLE BY PRESCRIPTION

"A random-sample, anonymous survey of the members of the American Society of Clinical Oncology (ASCO) was conducted... concerning the antiemetic use of marijuana in cancer chemotherapy patients. A surprising proportion of respondents (432, 44%) said they had recommended marijuana to at least one patient... Six hundred eight respondents (63%) agreed with the statement affirming the efficacy of marijuana in the treatment of emesis... and 77 respondents (8%) disagreed... Of the 599 respondents with opinions, 53% favored making marijuana available by prescription."

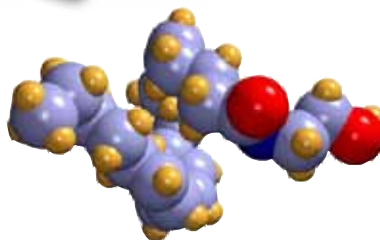
Mark A. R. Kleiman, PhD, Richard Doblin, PhD "Marijuana as Antiemetic Medicine: A Survey of Oncologists' Experiences and Attitude," *Annals of Internal Medicine*, July 1991



**Nov. 5, 1991:
1ST MEDICAL
MARIJUANA
INITIATIVE
PASSED IN
SAN FRANCISCO**

"The first medical marijuana initiative appeared in the city of San Francisco as Proposition P, which passed with an overwhelming 79% of the vote on Nov. 5, 1991. Proposition P called on the State of California and the California Medical Association to 'restore hemp medical preparations to the list of available medicines in California,' and not to penalize physicians 'from prescribing hemp preparations for medical purposes.'"

*Richard Glen Boire, JD , Kevin Feeney, JD
Medical Marijuana Law, 2007*



**1992:
SCIENTISTS DISCOVER
FIRST ENDOCANNABINOID**

"Twenty-eight years after discovering THC, in 1992, Dr. Mechoulam, along with Dr. William Devane and Dr. Lumir Hanus, identified the brain's first endogenous cannabinoid (or endocannabinoid) - the brain's natural version of THC - which they called 'anandamide,' from the Sanskrit word 'ananda,' which means 'eternal bliss' or 'supreme joy'."

Vigorous exercise stimulates the release of anandamide, and the sense of euphoric well-being that comes with a healthy workout - what jogging enthusiasts refer to as a 'runner's high' - is due to elevated levels of endocannabinoids. The endocannabinoid system in the brain is also believed to help mediate emotions, consolidate memory, and coordinate movement."

David J. Brown, MS "The New Science of Cannabinoid-Based Medicine: An Interview with Dr. Raphael Mechoulam," Mavericks of Medicine, 2006

**Mar. 19, 1992:
IND COMPASSIONATE USE PROGRAM
OFFICIALLY TERMINATED**

"In March 1992, the Secretary of the Department of Health and Human Services decided that NIDA would not provide marijuana for single-patient INDs except to those patients who were receiving marijuana at the time..."

When the program was terminated, 27 additional single-patient INDs that had received FDA approval were canceled and the patients were not supplied with marijuana."

*American Medical Association
"Report 10 of the Council on Scientific Affairs," 1997*

"The thirteen patients receiving medical Cannabis from the Feds would be 'grandfathered in,' and continue to be supplied. Five had AIDS; three had glaucoma; Barbra Douglas had MS; George McMahon had Nail-Patella Syndrome; I had Multiple Congenital Cartilaginous Exostosis and a variant of Pseudo Pseudo Hypoparathyroidism; and two had chosen to remain anonymous."

HHS Secretary Louis Sullivan signed the order ending the Compassionate Care INDs on March 19, 1992."

Irvin Rosenfeld My Medicine: How I Convinced the US Government to Provide My Marijuana and Helped Launch a National Movement, 2010



**Mar. 1993:
AMSA UNANIMOUSLY ENDORSES
RESCHEDULING OF MARIJUANA**

"In March [1993], Elvy [Musikka] and I spoke in Miami before the American Medical Student Association - which represented 48,000 med students and residents. AMSA delegates unanimously endorsed a statement calling on the new Attorney General, Janet Reno, to abide by the 1988 recommendation of Judge Young and move Cannabis to Schedule 2. They also unanimously passed a resolution asking President Clinton to reopen the Compassionate IND program."

Irvin Rosenfeld My Medicine: How I Convinced the US Government to Provide My Marijuana and Helped Launch a National Movement, 2010



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Our plants are hungry and need a variety of nutrients to support their growth and health. Here are a couple of nutrients that must be available to your plants and the role they play. Also, a couple of components that can add great benefit to your growing environment. This is obviously not intended as a complete list, just starting the conversation.

19

K

39.098

The Importance of Potassium

While most growers are aware that potassium is one of three macro nutrients (it's the K in NPK), it has historically been considered the least important.

Not true, potassium plays a vital role in nutrient absorption, water movement throughout the plant (transpiration) and enzyme activity, all of which are critical processes in plant development.

Similar to calcium, pH, CEC and the presence of competing ions along with inadequate moisture in your soil will impact potassium availability. Unlike calcium, potassium is a mobile nutrient meaning what is already available in your plant will be transported to where it is most needed. With mobile nutrients, deficiencies typically show up in older parts of the plant first.

Potassium deficiency may result in stunted growth, reduced root mass, lower leaf striping or discoloration of leaf edges (although other issues can cause these types of symptoms also). By the time potassium deficiency is recognized, it may be too late to recover. Too much potassium can lock out the availability of competing nutrients such as calcium and magnesium. Organic sources of potassium include kelp, sulfate of potash (mined, low salt content), langbeinite (mined, high magnesium content), alfalfa meal and greensand (very slow release)

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Calcium's Role

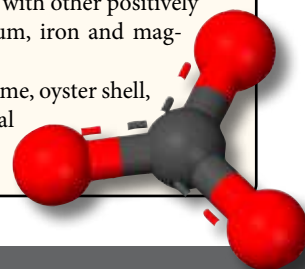
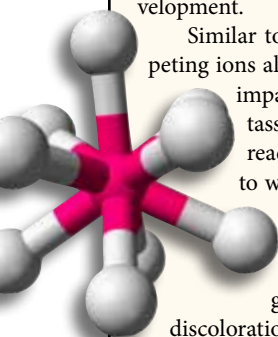
Calcium is an essential element for almost all living organisms and plants are no exception. Plants need calcium for cell division and development. Calcium stimulates the protein channels that regulate uptake of other nutrients. Calcium promotes the development of pectins, increasing the plant's ability to withstand disease.

Characteristics of your soil effect calcium availability including pH, CEC and the presence of competing ions. If your pH is in the 'normal' range, calcium can be readily available but if your pH spikes high or low you may notice a deficiency – even though there may be plenty of calcium in your soil, it cannot be absorbed by your plant. CEC is a factor of your soil components (the more organic matter and heavy material like clay, the higher your CEC) – the higher your CEC the greater the ability to hold and exchange

nutrients and minerals. Probably the most common cause of calcium deficiency is lack of water – without water, calcium ions will not be transported through the plant. This is easily corrected with good watering practices.

Calcium is an immobile nutrient meaning it is not transported to where it is needed (new plant tissue is usually the most needy), it stays where it first lands. This means that deficiency symptoms will be first seen in newer parts of the plant. Calcium deficiencies can be related to a variety of plant defects including leaf curling and necrosis, poor root development and blossom end rot. Calcium toxicity (too much) is not generally an issue directly although calcium can compete with other positively charged ions such as sodium, potassium, iron and magnesium.

Organic sources of calcium include lime, oyster shell, bone char, fishbone meal and bone meal (this is not a complete list).





Kelp Magic?

The popularity of kelp in plant fertilization programs is growing among both commercial and personal growers. So what is kelp exactly? There are approximately 10,000 known species of seaweed, primarily green, brown and red, all of which belong to the algae family. Of these, about 300 are classified as kelp. Kelp grows in shallow, cooler regions of the world's oceans. Many grow rapidly, up to 1-2 feet per day, making them an excellent sustainable resource if harvested and managed properly.

Depending on the species, kelp may contain growth promoting hormones (auxins, gytokinins, gibberellins), trace elements, vitamins, amino acids, antibiotics and high amounts of soluble potassium. The most commonly used kelp species in North America is *Ascophyllum nodosum*, harvested from the North Atlantic basin.

A number of manufacturers tout other species as a 'better' kelp but I would be wary of this.

Kelp meal can be used as a soil amendment and liquid kelp extract as both soil drench and foliar sprays – our own studies along with other research indicate that liquid kelp may be more effective as a foliar spray. This is one of those products where more really isn't better and, in fact, may be detrimental to plant growth, i.e., if you use too much kelp (particularly liquid kelp) your plants may suffer. We're not sure why this is the case. It may be that too much available potassium is locking out other nutrients or too many growth hormones have a negative impact. So, start conservatively and build up your usage until you are happy with your results.



Humic and Fulvic Acids

I've talked about these before but, I'm a big fan... humic acid products are derived from leonardite which is a form of low grade coal. Leonardite deposits are found throughout North America and, like most mined products, will vary in characteristic and quality including humic and fulvic concentrations, ash content, the presence of heavy metals, etc. Humic acids are the final level of decay of plant and animal materials (think million year old compost). The term humic acid describes a family of molecules, the smallest of which is known as fulvic acid.

Humic acids stimulate microbial activity and bind to nutrient molecules. Binding molecules means a higher level of retention in soil (less nutrient leeching) and improved efficiency of plant uptake (your plant absorbs more of the available nutrients). Humic acid (dry form) can be used as a soil amendment and liquid forms as a soil drench (not recommended as a foliar feed). Fulvic acid is the primary uptake engine of the humic acid family and is particularly effective as a foliar feed. Humic acids are useful for both chemical and organic growers.

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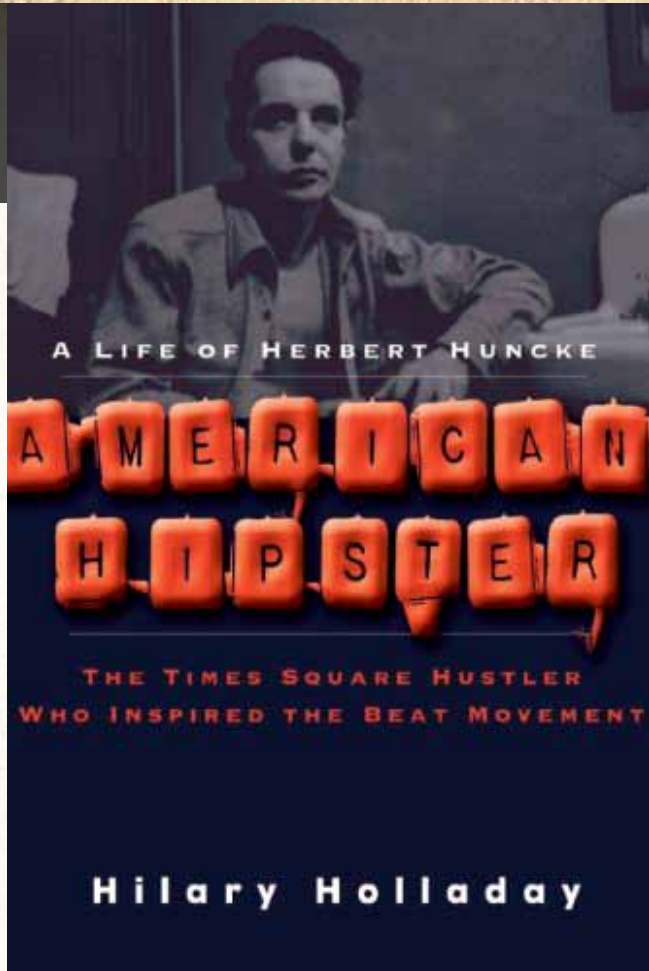
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Book Report

by Ben Horner



Hobo, street hustler, thief, sexual deviant and prolific drug user are just some of the ways Huncke was depicted and immortalized by the beat writers. What wasn't documented, until recently was how important and undervalued Huncke was to this time in American Literature and how he inspired so many greats with his poetry, writing and charismatic story telling. It was Hebert Huncke that connected many artists types in New York with all the city streets had to offer. "I'm beat to the socks" was a term coined by Huncke when describing the bohemian subculture of that generation. Beat, exhausted and desperate from weeks and months on the streets, constantly on the hunt for drugs, Huncke guided these better educated, fellow aspiring authors to worlds that have captured the imagination of their readers ever since. Although not published till later in life, this book chronicles Hunches' writings, personal writings as well as many other less well known beat writers.

Jerome Poynton, a personal friend of Huncke who was included in the book says this, "Anyone who wants to learn--an introductory course to Herbert Huncke--American Hipster is an essential. This book gives more accurate interpretation of the beat generation phenomena...."

Hilary Holladay, PH.D., scholar of American Literature, published this insightful biography on the life of not so well known Hebert Huncke. Well, at least not so well known by name. Huncke went by many names both in life and in the myths of the "beat generation."

The use of cannabis, heroin, cocaine, as well as many other intoxicating drugs, was romanticized, documented, personified and popularized, after the Second World War, by several young authors and poets. Jack Kerouac, Allen Ginsberg and William Burroughs are generally considered the fathers of this genre, known as the Beat Movement. These 'beatniks' all shared a common friend that became characters in several of their novels and writings. Hebert Huncke inspired many fictitious characters, such as Elmer Hassle in Kerouac's classic *On the Road* and as Herman in Burroughs' infamous novel, *Junky*.



Herbert Huncke and Allen Ginsberg

Holladay not only documents Huncke's role in the Beatnik culture, but she also creates a literary road map back through time. Navigating along the life of Hebert Huncke, leads to all sorts of references that adds unique perspective to the mythos for beat scholars as well as those just being initiated into world of beatification.



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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--------|-----------------------------|--|--|---|---|
| | | | | | | 1 |
| 2 National Plan Your Epitaph Day | 3 | 4 King Tut Day | 5 Guy Fawkes Day | 6 National Saxophone Day | 7 International Tongue Twister Day | 8 |
| 9 | 10 | 11 | 12 | 13 EXTRAVAGANJA! w/John Sinclair Golden Leaf Club 7pm <i>See ad on facing page</i> | 14 | 15 Clean Out Your Refrigerator Day |
| 16 | 17 | 18 Use Less Stuff Day | 19 International Men's Day World Toilet Day | 20 | 21  THE HUNGER GAMES: MOCKINGJAY PART 1 IN THEATERS | 22 National Start Your Own Country Day |
| 23 National Day of Listening | 24 | 25 | 26 | 27 | 28 Red Planet Day | 29 National Square Dance Day |
| 30 | | | | | | |

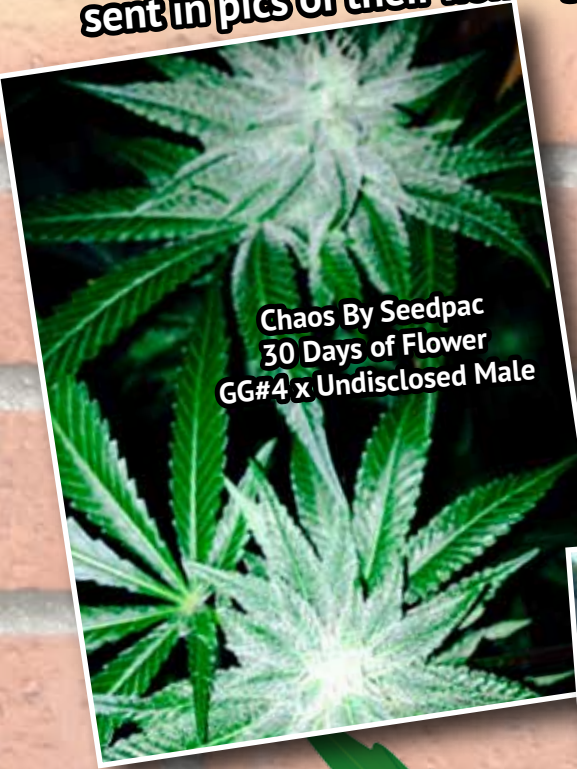
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by Uncle Pete



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Infused Turkey



with Lavender and Simpson Oil

Weight of turkey: **15.68 lb.**

Average cooking time: **4 hours**

Serves **10**

Warning! Make sure not to be driving after eating.
(As if tryptophan wasn't enough.)

Lavender Salt Simpson Oil Rub

Makes about 1 cup (recipe can be half for whole chicken, pork loin or chicken breast meat)

- 4 tsp. dried culinary "Provence" lavender buds
- 4 tbsp coarse sea or kosher salt
- 6 tbsp extra-virgin olive oil
- ¼ cup fresh garlic, finely chopped
- 2 tsp fresh rosemary leaves, finely chopped
- 2 tbsp freshly ground lemon pepper (or black pepper)
- 1 gram Simpson Oil

In a spice grinder, pulse the lavender with coarse salt until finely ground. Transfer to a small bowl and stir in simpson oil, olive oil, garlic, rosemary and pepper.

Roast Turkey

Preheat an oven to 500° F.

1. Rinse the turkey inside and out with cold water and pat dry with paper towels. Place the turkey, breast side up, on a large roasting pan

2. Gently slide your fingers under the breast to loosen the skin

3. Spread half cup of Lavender/Simpson Oil rub between the skin and breast meat. This helps to seal in the flavor of the rub and maintain the moisture of the meat during cooking time.

4. Use the remaining rub and coat the rest of the turkey. Making sure a generous portion is covering the breast meat.

5. Stuff the turkey with homemade stuffing. "Seal" the cavity with half of an apple.

6. Truss the turkey if desired

7. Roast the turkey at 500 F for 30 minutes.

8. Reduce the oven temperature to 350 F and cover the turkey with foil.

9. Continue roasting until a thermometer inserted into the thickest part of the breast, away from the bone, registers 165F and the thigh registers 175F. (or 150/160F for those of you who don't want to over cook anything)

10. Transfer the turkey to a carving board, cover loosely with foil and let rest for 20 minutes before carving.

by ChefBmoney





the cultivation station

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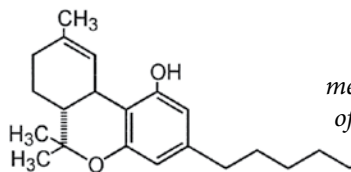
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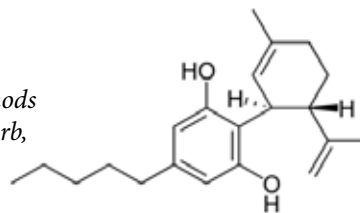
IDENTIFYING THE RIGHT WAY TO MEDICATE:

A GUIDE TO THE EVER-CHANGING WORLD OF CANNABIS

by Mark W. Dragovich



In today's medical marijuana market the options for medicating are diverse and ever changing. The main methods of ingestion are: dried marijuana (also known as bud, herb, or flower), concentrates, topicals, and edibles.



DRIED FLOWER

Also known as herb or bud, is the most common way of medicating and involves little to no processing of the plant material. There are thousands of variations (strains) in today's market and finding the one that is right for you may take some time. Because there are so many strains, this is the easiest way to experiment with strain types and find the ones that are right for you. There are many compounds contained within the plant and doing some research ahead of time will help.

In all cannabis, the compounds will remain consistent within the strain; however, depending on the way the material is processed, the concentrations will change. The active compounds in cannabis are found in the head of trichomes: translucent, mushroom shaped resin glands that form on the plant.

Below is a list of compounds the Institute of Medicine published in its Mar. 1999 report titled "Marijuana and Medicine: Assessing the Science Base":

ACTIVE COMPOUNDS FOUND IN CANNABIS FLOWER:

| <u>CANNABINOID GROUP</u> | <u>ABBREVIATION</u> | <u>KNOWN VARIANTS</u> |
|--------------------------|---------------------|-----------------------|
| △9 Tetrahydrocannabinol | △9THC | 9 |
| △8Tetrahydrocannabinol | △8THC | 2 |
| Cannabichromene | CBC | 5 |
| Cannabicyclol | CBL | 3 |
| Cannabidiol | CBD | 7 |
| Cannabielsoin | CBE | 5 |
| Cannabigerol | CBG | 6 |
| Cannabinidiol | CBND | 2 |
| Cannabinol | CBN | 7 |
| Cannabitriol | CBT | 9 |
| Miscellaneous Types | | 11 |





EDIBLES

Edibles are the easiest way for farmers and cooks alike to experiment with infusing THC and CBD properties into an edible form. The common factor in an effective edible is decarboxylation. This is when the mixture used is heated to release a carbon atom from the compound THCA, turning it into THC so the body can ingest it. This is done by simply heating the compound to 240 degrees for 60 min. This will ensure that the plant material, kief, or hash you are using is almost completely decarboxylated (> 90%).

Tinctures and topical agents like lotions are a little tricky. These products are most commonly infusions that are not heated to high enough temps to remove the extra carbon atom, so decarboxylating is essential as to allow the body to easily absorb the active ingredients you are looking for. By infusing the already decarboxylated material into your infusion, you do not have to add additional temps to reach the desired affect. This means that you can take decarboxylated material, and add it to a glycerin based liquid, or a lotion (shea butter and coconut oil are good options), simply by heating the solution on a cook top to get the glycerin or lotion to a temp of around 100-140 degrees (not boiling) and adding the decarboxylated material to the solution, thereby infusing it. Tincture is best delivered under the tongue and

provides almost immediate relief from headaches and chronic pain. Topically applied lotions or oils should be used at the site of the pain.

Remember always start slow and take additional doses until you reach the desired affect, you can always take more, but you can't put the genie back in the bottle, once medicated. Good luck and remember: decarboxylate, decarboxylate, and decarboxylate!

KIEF

| Compound | Before Decarb | 30 Min. Decarb | 60 Min. Decarb |
|--------------------|---------------|----------------|----------------|
| THCA | 24.5% | 2.6% | 0.1% |
| THC | 3.8% | 25.4% | 25.5% |
| CBDA | 0.6% | 0.3% | 0.3% |
| CBD | 0% | 1% | 0.1% |
| CBN | 0.4% | 1% | 1.4% |
| Moisture | 0% | 0% | 0% |
| Total Cannabinoids | 29.3 | 30.3% | 27.4% |

CANNABIS TRIM

| Compound | Before Decarb | 30 Min. Decarb | 60 Min. Decarb |
|--------------------|---------------|----------------|----------------|
| THCA | 6.5% | 2.9% | 0.2% |
| THC | 0.6% | 4.8% | 6.9% |
| CBDA | 0.2% | 0.2% | 0.1% |
| CBD | 0% | 0% | 0.1% |
| CBN | 0% | 0% | 0% |
| Moisture | 3.4% | 4.5% | 0% |
| Total Cannabinoids | 7.3% | 7.9% | 7.3% |



CONCENTRATES

Concentrates are made by washing the dried plant material in a solution or solvent. Depending on the process, different concentrates will be produced.

The process for making hash, or hashish is done a few different ways, the most common and the most natural way is by using a water and ice bath to extract the trichomes, or simply running the material over a fine screen to break the trichomes off the plant material (this is most commonly called kief).

Dry ice is another method of extract. This extract is then dried, if using the ice water method, then pressed. Because there is no chemical or solvent used, a purge process is not needed. Some will take the process a step further and make hash oil, which is soaking your plant material in a solvent like isopropyl alcohol, acetone or naphtha, then heating the mixture to increase the levels of THC and CBD, this also decarboxylates and evaporates the remaining solvent from the material so it can be ingested directly to the body.

Rick Simpson perfected this process and is commonly referred to as RSO (Rick Simpson Oil). Rick Simpson used this oil to cure his own cancer and the product has continued to grow in popularity for fighting many diseases including, but not limited to, cancer. The processes vary so if you are attempting to make your own, be careful and do your research.

Wax, DAB and shatter are forms of concentrates, each with their own characteristics. Wax is commonly made from a butane extraction. Because of its accessibility, butane has become a popular way to extract the trichome heads from the plant material into a concentration that is easily vaporized. By washing the plant material with this chemical you extract only the essential parts of the plant, the trichome heads. If this is your preferred method of medicating make sure to get test results for residuals to make sure it is purged correctly. If attempting to make your own, invest in a vacuum purger to ensure a quality product. CO2 extraction is becoming popular because of the method in which the trichomes are extracted. CO2 is the safest solvent to use because of the ease and non-corrosive properties of CO2.

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HOROSCOPES NOVEMBER 2014



Capricorn

(Dec 22 - Jan 19)

Stop taking credit for other people's accomplishments. Your ego is hindering your progress and this need to be better than everyone else is getting tiresome. Try working with others who share your ideas and take a backseat for once.



Aries

(March 21 - April 19)

Your stubbornness will become a topic of conversation this month. You have been trying way too hard to impress others and have found yourself over-extended and overwhelmed. Stop trying to be a hero and accept the fact that you need help.



Cancer

(June 22 - July 22)

You will find yourself painted into a corner this month. The true test of your character will be in how you react. Will you tell the truth and come clean or continue down the path of denial that has landed you in this situation? The answer will change your life.



Libra

(Sep 23 - Oct 22)

Even the biggest egos have a downside. When you feel you're on top of the world, remember it can all come crashing down tomorrow. Remaining humble this month will remind you that the tier you've put yourself on could very well be only temporary.



Aquarius

(Jan 20 - Feb 18)

QUIT trying to fix a problem that has proved to be unfixable. Some scenarios are not meant for repair. Maybe the relationship is at the end of its' rope.. Maybe the job isn't right for you after all. Sometimes letting go and moving on is the best solution.



Taurus

(April 20 - May 20)

Your pompous behavior isn't doing you any favors. In fact, the more crap you talk, the dumber we know you to be. Did you see that big word used on tv?? School yourself on "Not Sounding Pompous for Idiots" by Your Conscience.



Leo

(July 23 - Aug 22)

You never have time for anyone else's problems and have gone out of your way to be unavailable to help or support those in need. Call it Karma or just a simple twist of fate that has landed you in a desperate situation. Unfortunately for you, no one cares.



Scorpio

(Oct 23 - Nov 21)

Now is the time to take the reins and show everyone the leader you are capable of being. In the past you always hid in the back hoping no one would notice you. If you do not take a leadership role soon, you will find yourself struggling from the back forever.



Pisces

(Feb 19 - Mar 20)

You've learned all that you can from your current relationship. It isn't written in the stars that together you'll conquer the world; actually quite the opposite... if you haven't learned that your relationship has ruined your chances of being taken seriously, you need way more schoolin' and no one has time for that. Maybe you'll figure it out, maybe not. Odds are not in your favor.



Gemini

(May 21 - June 21)

You're either incapable of having ONE solid thought, or you truly think it's okay to be a total ass when offered a cup of coffee. "F- YOU and THANK YOU" don't always work so well together in a sentence. There's this pill called Chill, look into it.



Virgo

(Aug 23 - Sep 22)

Paranoid?? You ought to be. Good job setting everyone up to take your failures down with them. Good luck finding more guinea pigs for your bad ideas. Time to move... you've burned all of your bridges.



Sagittarius

(Nov 22 - Dec 21)

Ranting and raging have become second nature to you. No one will discuss or debate anything controversial with you because of your inability to stay calm and collected. Your next rant will probably be about losing all of your friends.

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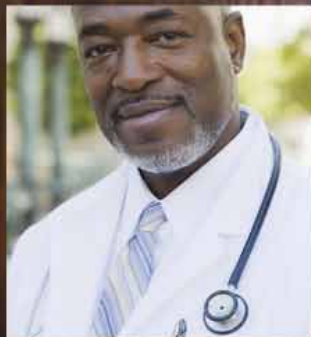
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